



first class/5 bucks new student (*local resident only*)
**before bringing this form to the studio, please fill
out as neatly and completely as you can.
thanks very much!**

first name _____ last name _____

email (please print neatly!!) _____
we do not share your info with anyone

best telephone # _____

home address _____ apt _____

city _____ state/province _____ zip _____

emergency contact name/phone _____

relationship _____

injuries/limitations _____ if pregnant, # of mos _____

how did you hear about us? _____

please read and sign below. thank you.

I am aware and understand that the purpose of Red Pearl Yoga is to share knowledge of yoga with its students and to present workshops and events which further enhance that knowledge.

I understand that a yoga practice may, at times, be strenuous and requires physical exertion and movement that may involve a risk of physical injury.

I understand that I am responsible for judging my own physical capabilities and limitations, and that it is my responsibility to determine that there is no medical reason to prevent my practice of yoga at Red Pearl Yoga or any events sponsored by Red Pearl Yoga. I agree that I will not exceed my physical capabilities and limitations while practicing at Red Pearl Yoga or any of its sponsored events. I agree to take full responsibility for any injury that I may incur during classes and events at Red Pearl Yoga

I agree that it is my responsibility to notify the instructor of any physical injury or other condition that may affect my ability to practice yoga and that I will inform my instructor if any injury does occur during class.

I understand that the practice of yoga may involve physical adjustments of students' form by instructors. If I do not want to receive said adjustments, I will notify the instructor before the start of each class. If I do wish to receive such physical adjustments, I understand that it is my responsibility to inform the instructor when an adjustment has gone as far as desired.

I hereby waive and release any claim that I may have at any time for injury of any kind against Red Pearl Yoga or any person or entity involved therewith, including, but not limited to its principals, instructors, employees, agents and representatives. I have carefully read the above release of liability and fully understand and agree to the above by signing below.

signature _____ **date** _____

if under 18:

as legal guardian of _____ i consent to the above terms & conditions.

signature _____ date _____